



UNIVERSITY of MARYLAND CHARLES REGIONAL MEDICAL CENTER

FACTS

One of the fastest growing counties in Maryland, Charles County is a charming community steeped in culture and history — and University of Maryland Charles Regional Medical Center (UM CRMC) is in the heart of it all. Generations of families have been born in this community hospital and continue to trust the staff with their health and safety. UM Charles Regional has provided excellence in acute health care and preventive services in Charles County and the surrounding communities for more than 80 years.



MAJOR CENTERS AND SERVICES

In 2020, we continued to expand medical services at the UM Charles Regional Medical Group's Medical Pavilion, opening a **new breast health center** to join existing outpatient services including primary care, sports and orthopedic rehabilitation, and the state-of-the-art Bill and Julie Dotson Imaging Center. In 2021, a new **Endoscopy Center** will open at the pavilion.

A highly skilled team of surgeons provides the very best **surgical and post-surgical care**. The surgical services suite includes an endoscopy suite, four operating rooms, and two more rooms equipped for minor procedures.

In partnership with UM Charles Regional Medical Group, UM CRMC offers a **women's health practice** in Waldorf and La Plata, a **primary care** practice in La Plata, **surgical care** practices in Waldorf and La Plata, a **diabetes and endocrinology** practice in Waldorf and a new **gastroenterology** practice in La Plata and Waldorf.

The **Center for Wound Healing** offers highly specialized treatments for chronic wounds, including negative-pressure wound therapy, bio-engineered tissue, biosynthetic dressings, growth factor therapies, and hyperbaric oxygen therapy.

In 2020, UM Charles Regional earned formal designation as a **Primary Stroke Center** by the Maryland Institute for Emergency Medical Services Systems, and offers a support group for survivors of stroke or traumatic brain injury and their caregivers.

UM Charles Regional Medical Center is pleased to provide its patients with the **Meds to Beds** program, a safe and convenient way to obtain new medications before a patient leaves the hospital. Through this program a local pharmacy can deliver prescribed medications right to a patient's hospital room before they are discharged.



QUICK NUMBERS

- 99 Licensed Beds
- 862 Employees
- 370 Medical Staff

FISCAL 2020 FIGURES

- 5,969 Admissions
- 45,843 Emergency Department Visits
- 3,585 Outpatient Surgeries
- 1,950 Inpatient Surgeries
- 522 Births





MAJOR CENTERS AND SERVICES (cont.)

In Spring 2020, UM Charles Regional launched “**Protect Your Lungs,**” a multi-faceted campaign to foster **pneumonia prevention** education and help COVID-19 patients continue their recovery once they leave the hospital. This campaign is a collaborative effort from our departments and staff across the hospital and provides COVID-19 care kits to every patient discharged to home after receiving a positive test result. In October, the hospital received a \$26,345 CARES grant from the Charles County Department of Health to fund expansion of the program.

UM Charles Regional renewed an agreement with the Charles County Department of Health and the Charles County Government to continue operating the **Charles County Mobile Integrated Healthcare (MIH) Program** for the next three years. The goals of the MIH program are to increase access to healthcare services for the medically underserved, prevent hospital readmissions, reduce overutilization of emergency and ambulance services, and increase visits to primary care providers for routine care.

The HSCRC awarded a five-year, \$2.142 million grant to UM Charles Regional to **expand diabetes programs** in Charles County. The grant will allow UM CRMC to provide expanded diabetes self-management training services, offer wrap-around services including medical nutrition therapy, home visits, on-demand transportation and medication delivery, and provide additional support for patients to participate in diabetes education and prevention classes.

The Charles Regional Medical Center Foundation received a \$40,420 grant from the Rural Maryland Council to fund the community hospital’s **Telepharmacy program**. The Telepharmacy program is a pilot project that will deliver 24/7 medication management services to an estimated 300 patients that live in Charles, St. Mary’s, Calvert, and Prince George’s counties. The project will utilize telemedicine to expand the hospital’s capacity to provide high-risk patients with medication counseling when discharged from the hospital, as well as access to a pharmacist during off-peak hours and post-discharge follow-up medication consultations.

COMMUNITY MILESTONES

UM Charles Regional is a founding member of Partnerships for a Healthier Charles County, which serves as a forum for collaboration and information sharing between county agencies and services. UM CRMC initiated a comprehensive Community Health Needs Assessment in July 2020. To be completed in June 2021, this assessment involves conducting focus groups and utilizing completed surveys to help identify the top health needs of Charles County residents. The assessment, which is completed every three years, serves as a benchmark for community health improvement initiatives.

With a mission to enhance the Medical Center’s resources so it may continue to provide excellent health care to the entire community, the Charles Regional Medical Center Foundation takes the lead in fundraising to help carry out the hospital’s vision for a stronger future. Through a strong tradition of special events and charitable gift planning, the Foundation is preparing UM Charles Regional to meet the health care needs of those who work and live in our community.



AWARDS

In 2020, UM Charles Regional received a number of awards recognizing the high-quality care it provides in a variety of areas:

- **Newsweek** recognized UM Charles Regional as one of **America’s Best Maternity Hospitals**
- **Healthgrades** recognized our hospital in three areas:
 - Our **Intensive Care Unit** was honored for **Excellence in Critical Care**
 - Our **Rehabilitation team** was honored for **Excellence in Pulmonary Care**
 - Our **Charles Regional Medical Group Gastroenterology** team was honored for **Excellence in Gastrointestinal Care**
- **US News and World Report** honored UM Charles Regional as a **High-Performing Hospital for COPD care**
- The **Workplace Partnership for Life** honored UM Charles Regional with **Platinum Recognition** for its efforts to increase the number of organ donors
- The **Maryland Institute for Emergency Medical Services Systems (MIEMSS)** officially designated UM Charles Regional as **Primary Stroke Center**
- The **Center for Wound Healing** was recognized by **Healogics** as a **Center of Distinction**
- The **American Heart Association** honored UM Charles Regional for its performance in the **Get With the Guidelines heart health programs**