

Substance Abuse Resources

#### FINDING ALCOHOL AND DRUG TREATMENT SERVICES

In order to get treatment for alcohol and drug problems you will need to identify providers/programs and arrange for payment. You may need to make a number of phone calls, obtain an evaluation for treatment, apply for financial assistance or secure an approval from your insurance company. There may be waiting lists for some inpatient treatment programs. We hope that knowing this, and having the attached resource information, will assist you in getting the treatment you need to get started on the road to recovery.

#### FIND A TREATMENT PROVIDER

#### 1. If you have **private insurance**:

- a) Contact your private insurance company for providers in your plan.
- b) Ask your insurance provider for your benefits for substance abuse treatment and names of "in plan" or "in-network" providers or,
- 2. If you have Maryland Medical Assistance:
  - a) Call the number on your MA or Managed care Organization (MCO) card.
  - b) Ask your MA or MCO provider about your benefits for substance abuse treatment and names of "inplan" or "in-network" providers or,
- 3. If you are an **Anne Arundel County resident with no insurance**:
  - a) Contact the county Substance Abuse referral Line at 410-222-0117
  - b) You may be able to apply for financial assistance for drug and alcohol treatment through the Opportunity for Treatment Fund (OTF) or,
- 4. If you are not an Anne Arundel County resident, and have no insurance:
  - a) Contact the Federal Substance Abuse and Mental Health Services Administration's Treatment Referral Routing Service at 1-800-662-4357. Operators available 24/7 and are bilingual (English and Spanish). You do not need to give your name.
  - b) You may need to pay out of pocket. Some programs have a sliding fee scale based on income.
- 5. Make an appointment for an evaluation. An evaluation by a substance abuse treatment provider will help to determine the level of treatment you need. There are peer support counselors available at
- 6. While you are trying to arrange for treatment, begin attending a support group such as Alcoholics Anonymous (AA), Narcotic Anonymous (NA), Chemical Dependency Anonymous (CDA), or Self-Management and Recovery Training (SMART). Online/Digital Recovery Support Resources-aa-intergroup.org/directory.php, virtual-na.org, smartrecovery.org/smartrecovery-toolbox/smart-grocery-online, intherooms.com/home
- 7. For Immediate Assistance, there are Safe Stations at any local police or fire station that can offer Narcan and options for care.

For more information about state funded alcohol and drug treatment programs contact the Alcohol and Drug Abuse Administration at 410-402-8300.

#### **OTHER NUMBERS FOR HELP**

410-222-0117
410- 433-5255
410-887-3828
410-402-8300
800-662-4357

# ANNE ARUNDEL COUNTY SUBSTANCE ABUSE TREATMENT PROVIDERS

The following is a list of substance abuse treatment providers. It is not all inclusive. Please contact your insurance provider for additional names.

OUTPATIENT AACO-DOH Addiction Services 122 North Langley Road, Ste. A Glen Burnie, MD 21060 410-222-0120	SERVICE PROVIDED Child & Adolescent Outpatient Co-occurring capable	FEES MA Sliding Scale
A New Way Clinic 2411 Crofton Lane, Ste. 12 Crofton, MD 21114 410-451-7323	Outpatient, DWI Anger management	Sliding Scale Private Pay
ADI, Inc. 7458 B & A Blvd, $2^{nd}$ Floor Glen Burnie, MD 21061 410-787-2288	Outpatient, Co-occurring capable DWI, Anger Management, Women's group Domestic Violence	Sliding Scale MA
Anne Arundel Counseling 7310 Ritchie Hwy, Ste.1009 Glen Burnie, MD 21061 Additional locations 410-768-5988	Outpatient Co-occurring capable DWI/DUI	Self Pay/Sliding Scale Private Insurance
All Joshua 2586A Riva Rd, Ste 202 Annapolis, MD 21401 443-221-7447	Outpatient Co-occurring capable DWI/DUI, IOP, and Medication Assisted Treatment (MAT)	Sliding Scale MA
A Step Forward 800 North Fulton Avenue Baltimore, MD 21217 410-462-6001	Outpatient IOP, Co-occurring DWI/DUI, Drug court 3.1 & 3.3	MA Medicare Private Insurance
Chase Brexton 200 Hospital Drive Glen Burnie, MD 21061 410-837-2050	Outpatient IOP DWI/DUI	Sliding Scale MA/Medicare Private Insurance
Congruent Counseling 1110 Benfield Blvd Ste B Millersville, MD 21108 410-740-8066	Intensive outpatient Co-occurring capable Outpatient	MA Private Insurance Self Pay
Cornerstone Pastoral Care & Counseling 8 Carvel Circle Edgewater, MD 21037 410-266-8596x100	Outpatient	Sliding Scale Private Insurance
Evolve Life Centers 2528 Mountain Road, Ste 204 Pasadena, MD 21122 443-548-3733	Outpatient IOP Vivitrol	MA Private Insurance* *out of network only

Ferry Point 1113 Odenton Road Odenton, MD 21113 410-674-8500

First Step Recovery of Arundel Lodge 1819 Bayridge Drive Annapolis, MD 21403 410-280-2333

Foundations Recovery Centers of America 1825 Woodlawn Drive Woodlawn, MD 21207 240-616-4371

Gaudenzia 5 Crain Highway North Glen Burnie, MD 21061 443-569-7950

Helping Up Mission 1029 E Baltimore St Baltimore, MD, 21202-4705 410-675-7500 ext. 136

Hope House Crownsville 26 Marbury Dr. Crownsville, MD 21032 443-923-6700

Hope House Laurel 419 Main Street Laurel. MD 20707 301-490-5551

I'm Still Standing by Grace 1003 E Patapsco Ave Baltimore, MD 21225 410-355-3711

KP Counseling 7229 Ritchie Highway Glen Burnie, MD 21061 410-320-9967

New Life Addiction Counseling Services 4231 Postal Court, #201 Pasadena, MD 21122 443-701-9888

No Turning Back Inc. 918 Chesapeake Ave Annapolis, MD 21403 443- 214-5445 Outpatient

Intensive outpatient, Suboxone, Vivitrol, DWI, Co-occurring capable

PHP, IOP

IOP, outpatient

1-year Spiritual Recovery Program Housing

IOP, Gambling Counseling., DWI, Pre-Op Liver Transplant Group

IOP, SMART Recovery, Acudetox

Detox, Outpatient, IOP, and PHP Inpatient, DWI/DUI, Methadone

Intensive outpatient, outpatient DUI

Intensive outpatient, outpatient, DWI, Detox (Suboxone) Co-occurring capable

Outpatient, IOP DWI/DUI MA Private Insurance

Sliding Scale MA Private Insurance

Self-Pay BC/BS

MA Private Insurance

No payment required

MA Self Pay Private Insurance

MA

MA Medicare

MA

Self-Pay Private Insurance MA

MA Private Insurance

Outreach Dimensions 4201 Northview Drive Ste 104 Bowie, MD 20716 410-324-6464 Multiple Locations	Outpatient, Suboxone Zubsolv,Vivitrol Sublocabe	MA Private Insurance
Pathways 2620 Riva Rd Annapolis, MD 21401 410-573-5400	Intensive outpatient, Adolescent intensive outpatient, Outpatient, DWI Co-occurring capable	Self Pay Private Insurance MA
Penn North Recovery 2410 Pennsylvania Ave., Ste 200 Baltimore, MD 21217 410-728-2080	Outpatient	МА
Powell Recovery 14 S. Broadway Baltimore, MD 21231 410-276-1773	Detox, PHP, IOP Outpatient, Co-occurring	МА
Project Chesapeake 5710 Ritchie Highway Brooklyn Park, MD 21225 410-636-5600	Intensive outpatient, outpatient DWI education, anger management Domestic violence Co-occurring capable	Self Pay MA Private Insurance
<b>INPATIENT</b> Hope House 26 Marbury Drive Crownsville, MD 21032 410-923-6700	Inpatient Detox	Self Pay Private Insurance County Funded
Pathways 2620 Riva RD Annapolis, MD 21401 410-573-5400	Inpatient Adolescent inpatient	Self Pay Private Insurance MA (only 20 years old and under)
Treatment Solutions Network 1-877-887-2356	Inpatient, Detox	Self Pay Private Insurance
Delphi Health Group 844-899-5777	Inpatient	Private Insurance
ADDITIONAL INPATIENT TREATS Avenues Recovery 125 Fairground Rd Prince Frederick, MD 20678 443-432-2441	MENT PROGRAMS IN MARYLAND Inpatient, Outpatient, Suboxone Dual-diagnosis	Self-Pay Private Insurance
Ashley Addiction Treatment 800 Tydings Lane Havre de Grace, MD 21078 410-273-6600	Detox, Inpatient Pain management, Spiritual Services, Family education	Self-Pay Private Insurance

Hope House of Laurel 419 Main Street Laurel, MD 20707 301-490-5551

Hudson Health 1506 Harting Drive Salisbury, MD 21802 410-219-9000 or 888-288-9086

Joseph Massie Unit 10102 Country Club Rd SE Cumberland, MD 21502 301-777-2285

Jude House 9505 Crain Highway Bel Alton, MD 20611 301-932-0700

Maryland Addiction Recovery Program 8600 LaSalle RD Carroll Bridge Ste 212 Towson, MD 2126 410-734-2389

Maryland Recovery 21 West Courtland Street Bel Air, MD 21014 877-706-0281

Mountain Manor 9701 Keysville Rd Emmitsburg, MD 21727 301-447-2361 or 800-537-3422

Phoenix Recovery 107 Edgewood Rd Edgewood, MD 21040 410-671-7374 or 800-671-9516

Right Turn of Maryland 1209 Liberty Road, Ste 102 Eldersburg, MD 21784 410-581-4900

Shoemaker 6655 Sykesville Rd Sykesville, MD 21784 410-876-1990

Tranquility Woods 171A Ryan Rd Pasadena, MD 21122 Inpatient Detox

Detox, Inpatient, PHP

Inpatient Accepts Suboxone (bring own supply) PHP

Inpatient Methadone/Suboxone accepted

Community Living Program (Must attend 5 days per week) PHP, IOP

Inpatient, dual diagnosis, PHP

Detox, Inpatient, Dual diagnosis Methadone/Suboxone accepted Vivitrol

Detox, Inpatient

Inpatient, Outpatient

Detox, Inpatient Suboxone accepted

Detox, Inpatient Outpatient, Dual diagnosis Self-Pay Private Insurance MA

Self-Pay Private Insurance MA

Self-Pay (Sliding Scale) Private Insurance MA

Self-Pay-\$560 per week 4 month commitment

Private Insurance

Private Insurance

Private Insurance

Self-Pay Private Insurance

Self-Pay-\$3400-28 day

Self-Pay (Sliding Scale) Private Insurance MA

Self Pay Private Insurance\* \*out of network only Tuerk House 730 N Ashburton Street Baltimore, MD 21216 410-233-0684

Walden Sierra 85 High St Waldorf, MD 20602 301-997-1300 ext. 819

Warwick Manor 3680 Warwick Rd East New Market, MD 21631 410-943-8108

Whitsitt Center (only Eastern shore residents) 300 Scheeler Rd Chestertown, MD 21620 410-778-6404 Detox Outpatient Methadone/Suboxone accepted

Inpatient, Outpatient Residential Methadone/Suboxone accepted

Detox, Inpatient Methadone/Suboxone accepted

Detox, Inpatient, Dual Diagnosis

Private Insurance MA

Self Pay Private Insurance

Private Insurance MA

Self-Pay (Sliding Scale) MA Private Insurance

#### METHADONE PROGRAMS

New Journey Inc.	32 Defense Street, Annapolis, MD 21401	443-949-7150	Cash/MA
Adult Addictions	122 N Langley Rd, Ste B, Glen Burnie, MD 21061	410-222-0100	Cash/MA
Allcare Treatment	550 N Crain Hwy, Unit 8-9, Glen Burnie, MD 21061	443-517-6552	Cash/MA
E.J.A.L.	7229 Ritchie Hwy, Glen Burnie, MD 21061	410-761-3686	Cash/MA
We Care	13 Aquahart Road, Glen Burnie, MD 21061	410-766-9668	Cash/MA
BNJ	7541 Ritchie Hwy, Glen Burnie, MD 21061	410-553-0506	Cash/MA
Starting Point	4109 Ritchie Hwy, Brooklyn Park, MD 21225	410-609-0040	Cash/MA
Medmark Treatment	2490 Giles Road, Brooklyn, MD 21225 (Balt. City)	410-354-2800	Cash/MA

#### **SUBOXONE MAINTENANCE**

- Suboxone is prescribed by specialty licensed physicians. Some insurance plans cover Suboxone treatment and others do not. Physicians who prescribe Suboxone will have individual fee schedules and many do not accept insurance.
- Individuals who have insurance call:
  - HERE TO HELP (They will help you find a Suboxone provider) 1-866-973-HERE (4373)
- Individuals with NO insurance should contact your local health department.

OR

• You can find a list of physicians by using your computer and entering "SAMHSA Suboxone" in the address bar or by going to: <a href="https://findtreatment.samhsa.gov/locator?sAddr=&submit=Go">https://findtreatment.samhsa.gov/locator?sAddr=&submit=Go</a> Choose your state, i.e. Maryland, Delaware, etc. and a list of physicians will be provided. Use the list to locate providers within a reasonable commute distance and then call for availability and costs. SAMHSA is the Substance Abuse and Mental Health Services Administration.

We highly recommend that you also locate an outpatient counselor to see while on Suboxone as well as attend a support group such as Narcotics Anonymous to strengthen your recovery efforts.

#### VETERAN'S TREATMENT

Baltimore V.A. Medical Center	410-605-7000
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#### **MEDICARE BENEFICIARIES**

There are no programs in MD that accept Medicare. Below is a limited list. Please contact your insurance company for other options.

Harbor Oaks	866-258-3079
Physicians Behavioral Hospital (Louisiana)	318-550-0520
Promise Hospital (Louisiana)	318-934-0481
Self Recovery (Alabama)	866-255-3350
Turning Point (Georgia)	800-342-1075
Summit Oaks (New Jersey)**	
**Must be under 21, or over 65 with Medicare	800-753-5223

#### FINANCIAL ASSISTANCE FOR ANNE ARUNDEL COUNTY RESIDENTS

Apply for Opportunity for Treatment Funding. See the last page for detailed information.

#### SUPPORT GROUPS

Annapolis Area Intergroup www.annapolisareaintergroup.org (entire listing for AA County) 8:30pm (daily) Red House A.A. Annapolis (8:30pm daily) 410-268-5441 A.A. Baltimore County and City 410-663-1922 Adult Children of Alcoholics www.adultchildren.org 410-766-1984 Al-Anon/Ala-teen (AA County) Compulsive Gambling Hotline 800-522-4700 800-317-3222 Narcotic Anonymous Celebrate Recovery: Western & Northern MD Southern & Central MD Phone: 301-393-4377 ext. 4 Phone: 301-806-6272

# **SOBER HOMES**

THESE ARE <u>UNLICENSED</u> HOUSES WHERE A PERSON WHO IS FREE OF DRUGS AND/OR ALCOHOL CAN LIVE. <u>A SOBER HOUSE IS NOT A TREATMENT CENTER.</u> THERE MAY BE A HOUSE MANAGER OR COUNSELOR ON SITE. EACH IS INDEPENDITLY OWNED AND RUN. RENT IS DUE EVERY WEEK IN ADVANCE. EVERYONE SHARES HOUSEKEEPING DUTIES. PEOPLE ARE ASKED TO LEAVE IF THEY DRINK OR USE DRUGS.

ACT 2 (Men Only)	CHRYSALIS HOUSE (Women Only)
No Methadone or Suboxone	Accepts those on Methadone or Suboxone
301-498-5766	410-974-6829
Laurel, MD	Crownsville, MD
<b>DESERT HOUSES (Men Only)</b>	FREEDOM HOUSE (Men Only)
No Methadone or Suboxone	No Methadone or Suboxone
410-320-7138 (Patty)	443-763-0274 (Bobby K.)
Annapolis, MD	Brooklyn, MD
<b>OPPORTUNITY HOUSE</b>	<b>OXFORD RECOVERY HOUSES</b>
Accepts those on Methadone or Suboxone	(Men and Women)
Men-Glen Burnie, Pasadena	Methadone/Suboxone acceptance varies by
Women-Glen Burnie	house
410-615-9286 (Larry)	301-587-2916 (MD Headquarters)
	Nationwide
PORT RECOVERY (Men & Women)	<b>RECOVERY HOUSE (Men Only)</b>
Methadone or Suboxone only accepted if on	No Methadone or Suboxone
taper	410-984-7022 (Clinton) or
443-463-7524	Brooklyn, MD
Baltimore, MD	
SAMARITAN HOUSE (Men Only)	SECOND CHANCE (Men & Women)
Accepts those on Methadone or Suboxone	Accepts those on Methadone & Suboxone
410-269-5605 (Mike)	443-764-5667 (Litra) or
Annapolis, MD	410-841-8529 (Stacie)
	2 houses in Glen Burnie
STEPPING STONE (Men & Women)	THE WAY HOMES (Men & Women)
Accepts those on Methadone & Suboxone	No Methadone or Suboxone
410-837-3600(Chris) or 301-233-4964	410-255-0647
Multiple locations in AA County, Eastern	410-599-4387 Women
Shore, Baltimore City, Annapolis, Southern	Pasadena, MD
MD	
SERENITY SISTAS (Women only)	SIGHTS ON SOBRIETY (Men only)
No Methadone or Suboxone	No Methadone or Suboxone
443-214-5526	443-214-5526
Multiple locations in AA County	

GRACE HOUSE	HIGHER STANDARDS (Women)
GraceHouseRecoveryServcies@gmail.com	410-456-7404
443-741-7044	Pasadena, MD
Multiple Locations	
MEETING GROUND	FRESH START(Men)
(Women w/Children)	410-760-2970
410-620-3128	Glen Burnie, MD
Elkton, MD	
GAINING GROUND(Men)	MARIAN HOUSE(Women)
443-955-2673	410-760-2970
Havre De Grace, MD	Glen Burnie, MD

## **OPPORTUNITY FOR TREATMENT FUNDING (OTF)**

# If you are an Anne Arundel County Resident and abuse alcohol or drugs, you may be able to obtain funds for treatment from the Anne Arundel County Health Department.

### **Requirements**

You must be an Anne Arundel County resident, have no health insurance and be at least 18 years old.

The sliding fee scale, as used by Maryland Department of Social Services, determines the amount of your copay. Co-pay is the amount you are required to pay out of your pocket for your treatment. Your income and financial obligations are considered in determining the amount of money you will have as co-pay. The remainder of the cost is covered by the Opportunity for Treatment Fund and is paid directly to the treatment provider.

**Procedure** 1. You must make the telephone call yourself between 8 AM and 5 PM Monday – Friday to schedule an appointment for an assessment.

If you are a county resident, have no health insurance and are *seeking treatment for an alcohol or drug problem*, you are to call 410-222-0117 and ask to speak with a counselor about treatment through OTF.

Leave a message with the telephone number at which you can be reached if the person is not available. You will receive a call back and an appointment will be scheduled for you.

- 2. You will be asked to bring documentation of income (pay stub or tax form) or, if unemployed, a notarized letter from the person providing financial support. If you have filed for unemployment benefits you must bring verification that this has been done.
- 3. An assessment will be completed and the assessor will determine a treatment level (outpatient or inpatient) based on your needs.
- 4. You will be given a referral to a treatment center and an initial appointment will be made for you at the treatment center on the day of your assessment.
- 5. You and your treatment counselor will decide the length of time you will stay in treatment.

# MARYLAND RECOVERY NETWORK

This agency can provide funds for 5-6 weeks for a sober home environment. This process can take up to 2 weeks. It takes 5 days for approval and then they will locate a sober home with an opening. Must have primary substance abuse diagnosis. Contact 410-222-7076 for information. They can complete intake with you at the hospital.